Armstrong Foundation’s RUNSTRONG is Going Strong!

Over the past several years, the RUNSTRONG program has really taken off! Students from Santa Ana intermediate schools meet before and/or after school to work out and prepare for 5K, 10K, and even half marathon races!

Our teachers VOLUNTEER their time to train and coach our students through running clubs. We are ever so grateful to our coaches whom our students respect and admire. Contributions to the Foundation have provided for bus transportation costs, race entry fees, NEW RUNNING SHOES and cool shirts for our kids to wear proudly and with confidence.

“We have arrived!” Now when we show up to races, others take notice! “Who ARE those kids, anyway?” We are growing in numbers and in athletic prowess. Our kids are winning medals and accomplishing their goals. Most importantly, they are proud of their accomplishments, staying in school, and excelling academically!

RUNSTRONG Students Attend Movie Premiere of McFarland

Thanks to our friends at Disney, RunStrong students attended the movie premiere of McFarland at Downtown Disney. Collegiate runners addressed the students prior to the movie. The students reported feeling motivated and inspired after viewing the movie. Santa Ana students could relate well to this movie — especially committing to work hard to accomplish goals and to prove themselves.
Healthnuts and Handlebars: A Cross-Country Bike Ride Raises Over $15,000 for the Armstrong Foundation!

Anthony and Aileen Bui, and Hannah Pham, Anthony’s girlfriend, never met Kevin Armstrong. Yet, they knew him. They had learned about his life and they learned about the Foundation. Like Kevin, Anthony and Aileen were raised by a single parent but never let low income and other challenges get in their way. Sports and academics kept them engaged and balanced. Like Kevin, Anthony and Aileen wanted to give back and impact the lives of others. Having been accepted to the University of Wisconsin (Anthony) and Brown University (Aileen) medical schools, Anthony and Aileen had a little bit of spare time. They wanted to give back to their community. Focused and determined, yet very inexperienced, the trio decided that they would undertake a “charity ride” across the U.S. to raise funds for the Kevin Armstrong Foundation. They left Astoria, Oregon on May 3, 2014 and arrived at Yorktown, Virginia over 12 weeks later on July 23, 2014!

Just Give!
You can support the Kevin Armstrong Foundation through your contributions. Visit the justgive.org link on the Foundation’s website at www.armstrongmdfoundation.org

Our kids and coaches thank you!!